



“Live Freely and Lightly”

CEB 8/27/23 notes & quotes

Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.” Rom 12.1-2

"I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly." Matt 11.29

On one side of the therefore = the good news - We are justified by grace alone; through faith alone; because of Christ alone.

The other side = Paul begins giving us an outline for Christian living.

Heaven is a destination, not a goal.

A quote from Ann Voskamp this week, **"Life isn't about finding yourself but letting yourself be formed."**

In view of God's mercy = the motivation for Christian living - We live **from acceptance** NOT FOR **acceptance**.

We offer ourselves as living sacrifices - All In.

"You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness." Ephesians 4.23

We can *participate* in this Christian Spiritual Formation - *"Do not conform to the pattern of this world, but be transformed by the renewing of your mind."* Rom 12.2

Paul says elsewhere:

"Those whom God foreknew he also predestined to be conformed to the image of his son." (Rom 8.29)

And to the Corinthians, he says, *"All of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being, transformed into the same image."* (2 Cor 3.18)

Thus the daring goal of the Christian life is the likes of you and me being formed, conformed, and transformed into the image of Jesus Christ.

How do we actively and intentionally participate in this transformation?

What is your image of **God**?

What is your image of **yourself**?

What is our picture of the **gospel**?

How do we **change**?

How do we **follow**?

"I won't lay anything heavy or ill-fitting on you. **Keep company with me and you'll learn **to live freely and lightly.**"**